

**O.T. Works, Inc.**  
**The Therapy Playce**  
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Visual Motor: Using visual information and the ability to incorporate vision with movement responses. This is ability to use what you see, to then move.

Visual Motor Suggestions:

Ball or balloon activities- see how long can keep the balloon, or ball in the air. Alternate hands, then try having them use their feet, try with a tennis racquet or waffle ball bat.

Large chalkboard drawings: make roads for small vehicles to drive on.

Use tracing paper to trace and color simple pictures

Flashlight chases, start on the floor, lying on your backs and have them chase your flashlight beam, with theirs.

Have them circle or color all the a's or O's in a magazine page.

Do homework on the floor while on their belly. This strengthens arms and helps bring the eyes together.

Start with 24 piece puzzles, and work their way up. Be sure to emphasize finding border pieces and putting them together, and then find pieces with similar colors or lines.

Blocks - building copying designs

Juggling, use scarves, or tissue paper and work toward heavier objects

Word searches- emphasize scanning each line from left to right, working from the top of the page.

Bubbles

Target games